FORM NO. MGT-7

[Pursuant to sub-Section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11of the Companies (Management and Administration) Rules, 2014]

Name of the Registrar and Transfer Agent



Annual Return

(other than OPCs and Small Companies)

Form language	English	○ Hindi
Refer the instruc	tion kit for fil	ing the form

* Corporate Identification Numbe	r (CIN) of the company	U51109KL1935PLC000024	Pre-fill
Global Location Number (GLN)	of the company		
Permanent Account Number (F	PAN) of the company	AABCA8810G	
(a) Name of the company		A V THOMAS AND CO LTD	
(b) Registered office address			
W 21/674BEACH RD NA ALLEPPEY Kerala 688012 India			
(c) *e-mail ID of the company		AV**********IL.COM	
	2 anda		
(d) *Telephone number with STI	o code	04*****24	
(d) *Telephone number with STI (e) Website	J code	www.avthomas.in	
	J code		
(e) Website	Category of the Company	www.avthomas.in	Company
(e) Website Date of Incorporation		www.avthomas.in 21/01/1935 Sub-category of the Co	
(e) Website Date of Incorporation Type of the Company	Category of the Company Company limited by sha	www.avthomas.in 21/01/1935 Sub-category of the Co	

Registered office address of	f the Registrar and	Transfer Agents		
"SUBRAMANIAN BUILDING" No.1 CLUB HOUSE ROAD				
(vii) *Financial year From date	1/04/2023	(DD/MM/YYYY) To date	31/03/2024	(DD/MM/YYYY)
(viii) *Whether Annual general m	eeting (AGM) held	Yes	No	
(a) If yes, date of AGM	25/07/2024			
(b) Due date of AGM	30/09/2024			
(c) Whether any extension f	or AGM granted	○ Yes	No	
II. PRINCIPAL BUSINESS	ACTIVITIES OF	THE COMPANY		
*Number of business activ	vities 3			

S.No	Main Activity group code		Business Activity Code	Description of Business Activity	% of turnover of the company
1	С	Manufacturing	C1	Food, beverages and tobacco products	69
2	С	Manufacturing	C7	Metal and metal products	8
3	G	Trade	G1	Wholesale Trading	14

III. PARTICULARS OF HOLDING, SUBSIDIARY AND ASSOCIATE COMPANIES (INCLUDING JOINT VENTURES)

*No. of Companies for which information is to be given 2 Pre-fill All

S.No	Name of the company	CIN / FCRN	Holding/ Subsidiary/Associate/ Joint Venture	% of shares held
1 AVT GAVIA FOODS PRIVATE LIF		U15499TN2008PTC065914	Associate	50
2	A.V THOMAS INVESTMENTS CC	U67120TN1976PLC007167	Associate	48.77

IV. SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

(i) *SHARE CAPITAL

(a) Equity share capital

Particulars	Authorised capital	Issued capital	Subscribed	Paid up capital
Total number of equity shares	2,000,000	456,540	456,540	456,540
Total amount of equity shares (in Rupees)	20,000,000	4,565,400	4,565,400	4,565,400

Number of classes

1

Class of Shares	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Number of equity shares	2,000,000	456,540	456,540	456,540
Nominal value per share (in rupees)	10	10	10	10
Total amount of equity shares (in rupees)	20,000,000	4,565,400	4,565,400	4,565,400

(b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid-up capital
Total number of preference shares	0	0	0	0
Total amount of preference shares (in rupees)	0	0	0	0

Number of classes

0		Ī		

Authorised capital	Issued capital	Subscribed capital	Paid up capital
0			
	capital	Authorised capital	Authorised capital Subscribed

(c) Unclassified share capital

Particulars	Authorised Capital
Total amount of unclassified shares	0

(d) Break-up of paid-up share capital

Class of shares	Nu	umber of sh	Total nominal amount	Total Paid-up amount	Total premium	
Equity shares	Physical	DEMAT	Total			
At the beginning of the year	24,649	434,503	459152	4,591,520	4,591,520	

Increase during the year	0	1,098	1098	0	0	0
. Pubic Issues	0	0	0	0	0	0
ii. Rights issue	0	0	0	0	0	0
ii. Bonus issue	0	0	0	0	0	0
v. Private Placement/ Preferential allotment	0	0	0	0	0	0
v. ESOPs	0	0	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference share	0	0	0	0	0	0
viii. Conversion of Debentures	0	0	0	0	0	0
x. GDRs/ADRs	0	0	0	0	0	0
x. Others, specify	0	1,098	1098			
PHYSICAL SHARES DEMATTED Decrease during the year						
	1,528	2,182	3710	26,120	26,120	26,120
. Buy-back of shares	430	2,182	2612	26,120	26,120	26,120
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify					M.	
PHYSICAL SHARES DEMATTED	1,098		1098			
At the end of the year	23,121	433,419	456540	4,565,400	4,565,400	
Preference shares						
At the beginning of the year	0	0	0	0	0	
Increase during the year	0	0	0	0	0	0
i. Issues of shares	0	0	0	0	0	0
ii. Re-issue of forfeited shares	0	0	0	0	0	0
iii. Others, specify						
Decrease during the year	0	0	0	0	0	0

ii. Shares forfeited	DEFENDANCE.	0	0	0	0	0	0
iii. Reduction of share cap	ital	0	0	0	0	0	0
v. Others, specify			56				
At the end of the year		0	0	0	0	0	8
SIN of the equity shares	of the company				INE9	44K01010	
(ii) Details of stock spl	it/consolidation during the	e year (for ea	ach class of	shares)	0		
Class o	f shares	(i)	114 1	(ii)			(iii)
Before split /	Number of shares						
Consolidation	Face value per share						
After split /	Number of shares						
Consolidation	Face value per share			104			
□ Nil	at any time since the i		on of the	Yes (No C) Not Ap	plicable
Separate sheet at	tached for details of transf	ers	0	Yes 🔾	No		
Note: In case list of tran Media may be shown.	nsfer exceeds 10, option for	submission	as a separat	e sheet attac	chment or sul	omission i	n a CD/Digital
Date of the previou	s annual general meeting	25.	/07/2023				
Date of registration	of transfer (Date Month	Year)					
Type of transf	fer	1 - Equity,	2- Preferer	nce Shares,	3 - Debentu	ıres, 4 - S	Stock
Number of Shares/ Units Transferred	Debentures/			per Share/ re/Unit (in R	Rs.)		

Ledger Folio of Transfero	or	36 88	
Transferor's Name			
	Surname	middle name	first name
Ledger Folio of Transfere	ee		
Transferee's Name			
	Surname	middle name	first name
Type of transfer	1	- Equity, 2- Preference Shares,3 - I	Debentures, 4 - Stock
Number of Shares/ Debe		Amount per Share/	Debentures, 4 - Stock
Number of Shares/ Debe Units Transferred	entures/		Debentures, 4 - Stock
Number of Shares/ Debe Units Transferred Ledger Folio of Transfer	entures/	Amount per Share/	Debentures, 4 - Stock
Number of Shares/ Debe Units Transferred Ledger Folio of Transfer	entures/	Amount per Share/	Debentures, 4 - Stock
Number of Shares/ Debe Units Transferred Ledger Folio of Transfer Transferor's Name	entures/ For Surname	Amount per Share/ Debenture/Unit (in Rs.)	
Type of transfer Number of Shares/ Debe Units Transferred Ledger Folio of Transfer Transferor's Name Ledger Folio of Transferor	entures/ For Surname	Amount per Share/ Debenture/Unit (in Rs.)	

(iv) *Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0

		Number of	units	Nomir unit			Total value	
								0
entures								
ires				ing the	Decrease	during the		ding as at of the year
debentures		0	0			0		0
e debentures		0	0			0		0
debentures		0	0			0		0
ther than share	s and de	bentures)					0	
Number of Securities			The state of the s		nal			Total Paid up Va
	Number of	debentures e debentures debentures ther than shares and de	entures Ires Outstanding as at the beginning of the year debentures e debentures o debentures o ther than shares and debentures) Number of Nominal Value	entures Ires Outstanding as at the beginning of the year year debentures 0 0 0 e debentures 0 0 0 ther than shares and debentures) Number of Nominal Value of Total	entures Outstanding as at the beginning of the year debentures 0 0 0 e debentures 0 0 0 ther than shares and debentures) Number of Nominal Value of Total Nomi	entures Outstanding as at the beginning of the year debentures 0 0 0 e debentures 0 0 0 ther than shares and debentures) Number of Nominal Value of Total Nominal	entures Ires Outstanding as at the beginning of the year debentures 0 0 0 0 e debentures 0 0 0 0 debentures Number of Nominal Value of Total Nominal Paid up V	entures Ires Outstanding as at the beginning of the year debentures 0 0 0 0 e debentures 0 0 0 0 e debentures 0 0 0 0 e debentures 0 Nominal Value of Total Nominal Paid up Value of

10,791,337,000

(ii) Net worth of the Company

3,671,454,000

VI. (a) *SHARE HOLDING PATTERN - Promoters

S. No.	Category	Equi	ty	Preference		
		Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/Hindu Undivided Family					
	(i) Indian	385,112	84.35	0		
	(ii) Non-resident Indian (NRI)	0	0	0		
	(iii) Foreign national (other than NRI)	0	0	0		
2.	Government					
	(i) Central Government	0	0	0	5574.79	
	(ii) State Government	0	0	0		
	(iii) Government companies	0	0	0	,	

3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0 .	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	5,500	1.2	0	
10.	Others	0	0	0	
	Total	390,612	85.55	0	0

Total	number	of	shareholders	(promoters))
-------	--------	----	--------------	-------------	---

7			
1'			

(b) *SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equi	ty	Preference		
		Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/Hindu Undivided Family					
	(i) Indian	51,970	11.38	0		
	(ii) Non-resident Indian (NRI)	220	0.05	0		
	(iii) Foreign national (other than NRI)	0	0	0		
2.	Government					
	(i) Central Government	0	0	0		
	(ii) State Government	0	0	0		
	(iii) Government companies	0	0	0		
3.	Insurance companies	0	0	0		
4.	Banks	3,500	0.77	0		
5.	Financial institutions	0	0	0		
6.	Foreign institutional investors	0	0	0		
7.	Mutual funds	0	0	0		

8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	6,291	1.38	0	
10.	Others (IEPFA)	3,947	0.86	0	
	Total	65,928	14.44	0	0

Total number of shareholders (other than promoters)

258

Total number of shareholders (Promoters+Public/ Other than promoters)

265				

VII. *NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS (Details, Promoters, Members (other than promoters), Debenture holders)

Details	At the beginning of the year	At the end of the year	
Promoters	7	7	
Members (other than promoters)	263	258	
Debenture holders	0	0	

VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(A) *Composition of Board of Directors

Category		directors at the g of the year	Number of directors at the end of the year		Percentage of shares held by directors as at the end of year	
	Executive	Non-executive	Executive	Non-executive	Executive	Non-executive
A. Promoter	2	0	2	0	83.64	0
B. Non-Promoter	0	5	0	3	0	0
(i) Non-Independent	0	2	0	1	0	0
(ii) Independent	0	3	0	2	0	0
C. Nominee Directors representing	0	0	0	0	0	0
(i) Banks & FIs	0	0	0	0	0	0
(ii) Investing institutions	0	0	0	0	0	0
(iii) Government	0	0	0	0	0	0
(iv) Small share holders	0	0	0	0	0	0

(v) Others	0	0	0	0	0	0
Total	2	5	2	3	83.64	0

Number of Directors and Key managerial personnel (who is not director) as on the financial year end date 6

6

(B) (i) *Details of directors and Key managerial personnel as on the closure of financial year

Name .	DIN/PAN	Designation	Number of equity share(s) held	Date of cessation (after closure of financial year : If any)
AJIT THOMAS	00018691	Whole-time directo	226,992	
DILIP THOMAS	00052185	Whole-time directo	157,020	
HUSSAIN HABIB MIRZ	00018665	Director	0	
FRANK SOLOMON MC	01633183	Director	0	
KAVITHA VIJAY	01047261	Director	0	
RAMASWAMY VENUC	ABKPV3189L	CFO	70	

(ii) Particulars of change in dire	tor(s) and Key manageria	personnel during the year
------------------------------------	--------------------------	---------------------------

	_
0	
0	

Name	DIN/PAN	Designation at the beginning / during the financial year	Date of appointment/ change in designation/ cessation	Nature of change (Appointment/ Change in designation/ Cessation)

IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

A. MEMBERS/CLASS /REQUISITIONED/NCLT/COURT CONVENED MEETINGS

1

Number	of	meetings	held
1 Tullibul	01	meetings	IICIG

Type of meeting

Date of meeting	Total Number of Members entitled to attend meeting	Att	tendance	
	attend meeting	Number of members attended	% of total	

Annual General Meeting 25/07/2023 270 10 83.8

B. BOARD MEETINGS

*Number of meetings held		-
number of meetings neig	14	

S. No.	Date of meeting	Total Number of directors associated as on the date of meeting		Attendance	
			Number of directors attended	% of attendance	

S. No. Date of meeting						
		of meeting	Number of directors attended	% of attendance		
1	12/06/2023	5	4	80		
2	09/10/2023	5	5	100		
3	11/12/2023	5	5	100		
4	27/03/2024	5	5	100		

C. COMMITTEE MEETINGS

Number of meetings held

_	 _	_	
			-
1-			
18			
10			

S. No.	Type of meeting		Total Number of Members as	Attendance		
		II late of meeting	on the date of the meeting	Number of members attended	% of attendance	
1	BUY BACK CO	05/02/2024	3	3	100	
2	BUY BACK CO	27/03/2024	3	3	100	
3	SHARE TRAN	09/08/2023	3	3	100	
4	SHARE TRAN	16/03/2024	3	2	66.67	
5	NOMINATION	27/03/2024	3	3	100	
6	CORPORATE	27/03/2024	3	3	100	
7	INDEPENDEN	27/03/2024	2	2	100	
8	AUDIT COMM	12/06/2023	3	2	66.67	

D. *ATTENDANCE OF DIRECTORS

		Board Meetings			Committee Meetings			Whether attended AGM
S. No.	of the director		Meetings	% of attendance	Number of Meetings which director was	Number of Meetings	% of attendance	held on
		entitled to attend	attended	atteridance	entitled to attend			25/07/2024
								(Y/N/NA)
1	AJIT THOMAS	4	4	100	4	4	100	Yes
2	DILIP THOMA	4	4	100	0	0	0	Yes
3	HUSSAIN HAI	4	4	100	3	3	100	Yes
4	FRANK SOLC	4	4	100	8	8	100	Yes

Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
AJIT THOMAS	WHOLE TIME C	12,000,000				12,000,000
DILIP THOMAS	WHOLE TIME D	10,800,000				10,800,000
Total		22,800,000				22,800,000
f CEO, CFO and Comp	pany secretary whos	se remuneration d	etails to be entered		1	
Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
RAMASWAMY VEN	CFO	12,299,000				12,299,000
Total		12,299,000				12,299,000
f other directors whose	remuneration detai	Is to be entered			3	
Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
FRANK SOLOMON	DIRECTOR	0	0	0	250,000	250,000
HUSSAIN HABIB M	DIRECTOR	0	0	0	190,000	190,000
KAVITHA VIJAY	DIRECTOR	0	0	0	180,000	180,000
Total		0	0	0	620,000	620,000
f	Name AJIT THOMAS DILIP THOMAS Total FCEO, CFO and Comp Name RAMASWAMY VEN Total f other directors whose Name FRANK SOLOMON HUSSAIN HABIB M KAVITHA VIJAY	Name Designation AJIT THOMAS WHOLE TIME D DILIP THOMAS WHOLE TIME D Total FCEO, CFO and Company secretary whose Name Designation RAMASWAMY VEN CFO Total f other directors whose remuneration detail Name Designation FRANK SOLOMON DIRECTOR HUSSAIN HABIB M DIRECTOR KAVITHA VIJAY DIRECTOR	Name Designation Gross Salary AJIT THOMAS WHOLE TIME D 12,000,000 DILIP THOMAS WHOLE TIME D 10,800,000 Total 22,800,000 F CEO, CFO and Company secretary whose remuneration d Name Designation Gross Salary RAMASWAMY VEN CFO 12,299,000 Total 12,299,000 f other directors whose remuneration details to be entered Name Designation Gross Salary FRANK SOLOMON DIRECTOR 0 HUSSAIN HABIB M DIRECTOR 0 KAVITHA VIJAY DIRECTOR 0	Name Designation Gross Salary Commission AJIT THOMAS WHOLE TIME D 12,000,000 DILIP THOMAS WHOLE TIME D 10,800,000 Total 22,800,000 F CEO, CFO and Company secretary whose remuneration details to be entered Name Designation Gross Salary Commission RAMASWAMY VEN CFO 12,299,000 Total 12,299,000 Fother directors whose remuneration details to be entered Name Designation Gross Salary Commission FRANK SOLOMON DIRECTOR 0 0 HUSSAIN HABIB M DIRECTOR 0 0 KAVITHA VIJAY DIRECTOR 0 0	Name Designation Gross Salary Commission Stock Option/ Sweat equity AJIT THOMAS WHOLE TIME D 12,000,000	AJIT THOMAS WHOLE TIME D 12,000,000 DILIP THOMAS WHOLE TIME D 10,800,000 Total 22,800,000 FCEO, CFO and Company secretary whose remuneration details to be entered Name Designation Gross Salary Commission Stock Option/ Sweat equity Total 12,299,000 Total 12,299,000 Total 12,299,000 Fother directors whose remuneration details to be entered Name Designation Gross Salary Commission Stock Option/ Sweat equity FRANK SOLOMON DIRECTOR 0 0 0 250,000 HUSSAIN HABIB M DIRECTOR 0 0 0 190,000 KAVITHA VIJAY DIRECTOR 0 0 0 180,000

Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order	Name of the Act and section under which penalised / punished	Details of penalty/ punishment	Details of appeal (if any) including present status
(B) DETAILS OF CO	MPOUNDING OF O	FFENCES 🖂	Nil		
Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order	Name of the Act and section under which offence committed	Particulare of	Amount of compounding (in Rupees)
XIII. Whether comp		ders, debenture h	olders has been enclo	osed as an attachme	ent
n case of a listed co	mpany or a compan	y having paid up sh	2, IN CASE OF LISTED hare capital of Ten Crore ertifying the annual retur	e rupees or more or to	urnover of Fifty Crore rupees or
Name	v.su	JRESH			
Whether associate	e or fellow	○ Associa	ate Fellow		
Certificate of pra	ctice number	6032			
I/We certify that: (a) The return states (b) Unless otherwise Act during the finance	expressly stated to	ood on the date of the contrary elsewh	the closure of the financ nere in this Return, the C	ial year aforesaid cor Company has complie	rectly and adequately. ed with all the provisions of the
		Dec	laration		
am Authorised by t	he Board of Director	s of the company v	ide resolution no 1	d	ated 13/03/2006
DD/MM/YYYY) to s	ign this form and dec	clare that all the rec	uirements of the Compa	anies Act. 2013 and t	he rules made thereunder
 Whatever is 	s stated in this form a	and in the attachme	dental thereto have bee	ect and complete and	no information material to
the subject	matter of this form h	as been suppresse	d or concealed and is a	s per the original reco	ords maintained by the company

Note: Attention is also drawn to the provisions of Section 447, section 448 and 449 of the Companies Act, 2013 which provide for punishment for fraud, punishment for false statement and punishment for false evidence respectively.

To be digitally signed by

IN of the director	0*0*8*9*		
o be digitally signed by	V Digitally signed by V SURESH Date: 2024.09.23 15.47.45 +0630*		
Company Secretary			
Company secretary in practi	ce		
1embership number 2*6*		Certificate of practice number	6*3*
Attachments			List of attachments
	s, debenture holders	Attach	ATLcid.pdf
 List of share holder 		Attach	ATLcontrol.pdf ATLEleData.pdf
 List of share holder Approval letter for e 	extension of AGM;		ATLsht.pdf
	extension of AGM;	Attach	LIST OF SHAREHOLDERS.pdf
2. Approval letter for e		Attach Attach	
 Approval letter for e Copy of MGT-8; 			LIST OF SHAREHOLDERS.pdf

This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company