FORM NO. MGT-7

[Pursuant to sub-Section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11of the Companies (Management and Administration) Rules, 2014]

Name of the Registrar and Transfer Agent



Annual Return

(other than OPCs and Small Companies)

Form language	English	O Hindi
Refer the instruc	tion kit for fil	ing the form

	(CIN) of the company	U51109KL1935PLC000024 Pre-fill	1888
Global Location Number (GLN)	of the company		
* Permanent Account Number (Pr	AN) of the company	AABCA8810G	
(a) Name of the company		A V THOMAS AND CO LTD	
(b) Registered office address			
W 21/674BEACH RD NA ALLEPPEY Kerala 688012 India		+	
(c) *e-mail ID of the company		avt.alapuzha@gmail.com	
(d) *Telephone number with STD	code	04772243624	
(e) Website		www.avthomas.in	
) Date of Incorporation		21/01/1935	
Type of the Company	Category of the Company	Sub-category of the Company	
Public Company	Company limited by sha	ares Indian Non-Government comp	any
Whether company is having share	capital	Yes O No	
*Whether shares listed on recogn	ized Stock Exchange(s)	Yes No	

Reg	gistered office	address of the	ne Registrar and T	ransfer Age	nts			
	BRAMANIAN E 1 CLUB HOUSE							
*Fina	ancial year Fr	om date 01/	04/2023	(DD/MM/	YYYY) To date	31/03/2024	(DD/I	MM/YYYY)
*Wh	ether Annual	general mee	ting (AGM) held	_	○ Yes •	No		
(a) It	f yes, date of	AGM						
(b) [Due date of A	GM	30/09/2024					
(c) V	Whether any e	extension for	AGM granted		O Y	O 11		
			holding the same		O Yes	● No		
TUE	ANNUAL CEN	IFDAL MEETING						
IHE	: ANNUAL GEN	EKAL MEETING	G WILL BE HELD ON	25.07.2024				
PRIN	CIPAL BU	SINESS A	CTIVITIES OF 1	THE COM	DANIX			
			STIVITIES OF	HE CON	PANY			
**!				HE CON	PANY			
*N	lumber of bus			HE CON	PANY			
*N				THE COM	PANY			
		iness activitie				of Business Activ	ity	% of turno of the company
	Main Activity	Description of	es 3	up Busines	S Description of	of Business Activi		of the
.No	Main Activity group code	Description of	es 3	up Busines Activity Code	S Description of Food, beve		products	of the company
3.No	Main Activity group code	Description of	of Main Activity gro	up Busines Activity Code	Food, beve	rages and tobacco	o products ucts	company 69
1 2	Main Activity group code C	Description of	of Main Activity gro	up Busines Activity Code C1	Food, beve	rages and tobacco	o products ucts	of the company 69
1 2 3	Main Activity group code C	Description of Ma	of Main Activity gro nufacturing nufacturing Trade	up Busines Activity Code C1 C7	Food, beve	rages and tobacco	o products ucts	of the company 69
1 2 3	Main Activity group code C	Description of Ma	of Main Activity gro nufacturing nufacturing Trade	up Busines Activity Code C1 C7	Food, beve	rages and tobacco	o products ucts	of the company 69
1 2 3	Main Activity group code C C G	Description of Ma	of Main Activity groundscturing Trade NG, SUBSIDIA URES)	up Busines Activity Code C1 C7 G1	Food, beve	rages and tobacco	o products ucts	of the company 69
1 2 3	Main Activity group code C C G	Description of Ma	of Main Activity gro nufacturing nufacturing Trade	up Busines Activity Code C1 C7 G1	Food, beve	rages and tobacco	o products ucts	of the company 69
.No 1 2 3	Main Activity group code C C G TICULARS UDING JO ompanies for	Description of Ma	of Main Activity groundscturing Trade NG, SUBSIDIA URES)	up Busines Activity Code C1 C7 G1	Food, beve	rages and tobacco	o products ucts	of the company 69
.No 1 2 3 ART NCL	Main Activity group code C C G TICULARS UDING JO Ompanies for	OF HOLDI OINT VENT	of Main Activity groundscturing Trade NG, SUBSIDIA URES) mation is to be given	up Busines Activity Code C1 C7 G1 RY AND	Food, beve Meta V ASSOCIATE (Pre-fi	rages and tobacco	o products ucts % of sh	of the company 69 8 14

2 A.V THOMAS INVESTMENTS CC U67120TN1976PLC007167 Associate

IV. SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

(i) *SHARE CAPITAL

(a) Equity share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Total number of equity shares	2,000,000	456,540	456,540	456,540
Total amount of equity shares (in Rupees)	20,000,000	4,565,400	4,565,400	4,565,400

Number of classes

1			

Class of Shares	Authorised capital	Issued capital	Subscribed capital	Paid up capital	
Number of equity shares	2,000,000	456,540	456,540	456,540	
Nominal value per share (in rupees)	10	10	10	10	
Total amount of equity shares (in rupees)	20,000,000	4,565,400	4,565,400	4,565,400	

(b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid-up capital
Total number of preference shares	0	0	0	0
Total amount of preference shares (in rupees)	0	0	0	0

	-		
Num	her	of c	asses

0			

Class of shares	Authorised	Issued capital	Subscribed capital	Paid up capital
Number of preference shares				
Nominal value per share (in rupees)				
Total amount of preference shares (in rupees)	0			

(c) Unclassified share capital

Particulars	Authorised Capital
Total amount of unclassified shares	0

(d) Break-up of paid-up share capital

Class of shares	Nu	umber of sh	ares	Total nominal amount	Total Paid-up amount	Total premium
Equity shares	Physical	DEMAT	Total			
At the beginning of the year	24,649	434,503	459152	4,591,520	4,591,520	

Increase during the year	0	8,568	8568	0	0	0
i. Pubic Issues	0	0	0	0	0	0
ii. Rights issue	0	0	0	0	0	0
iii. Bonus issue	0	0	0	0	0	0
iv. Private Placement/ Preferential allotment	0	0	0	0	0	0
v. ESOPs	0	0	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference share	0	0	0	0	0	0
viii. Conversion of Debentures	0	0	0	0	0	0
ix. GDRs/ADRs	0	0	0	0	0	0
x. Others, specify	0	8,568	8568	0	0	
PHYSICAL SHARES DEMATTED		0,000	0000	U	U	
Decrease during the year	9,098	2,082	11180	26,120	26,120	0
i. Buy-back of shares	530	2,082	2612	26,120	26,120	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify	8,568		0500			
PHYSICAL SHARES DEMATTED	0,500		8568			
At the end of the year	15,551	440,989	456540	4,565,400	4,565,400	
Preference shares						
At the beginning of the year	0	0	0	0	0	
Increase during the year	0	0	0	0	0	0
i. Issues of shares	0	0	0	0	0	0
ii. Re-issue of forfeited shares	0	0	0	0	0	0
			-			
iii. Others, specify						
Decrease during the year	0	0	0	0	0	0

ii. Shares forfeited							
		0	0	0	0	0	0
ii. Reduction of share cap	pital	0	0	0	0	0	0
v. Others, specify							
At the end of the year		0	0	0	0	0	
IN of the equity shares	of the company				INE94	4K01010	
(ii) Details of stock sp	lit/consolidation during the	ne year (for ea	ch class of s	hares)	0		
Class	of shares	(i)		(ii)		(1	iii)
Before split /	Number of shares						
Consolidation	Face value per share						
After split /	Number of shares						
Consolidation	Face value per share						
Nil	at any time since the	incorporati	on of the	company)	*		
[Details being pro	ovided in a CD/Digital Med			'es O	No.	Not App	licable
	ovided in a CD/Digital Med	ia]			No O	Not App	licable
	ovided in a CD/Digital Med	ia]			No O	Not App	licable
Separate sheet at		ia] fers	YY	es O	No		
Separate sheet at Note: In case list of tran Media may be shown.	tached for details of trans	ia] fers or submission a	YY	es O	No		
Separate sheet at lote: In case list of tran Media may be shown. Date of the previou	stached for details of trans	ia] fers or submission a	YYs a separate	es O	No		
Separate sheet at lote: In case list of tran Media may be shown. Date of the previou	estached for details of trans	ia] fers or submission a	● Y S a separate	sheet attach	No ment or sub	mission in	a CD/Digital

Ledger Folio of Trans	sferor		
Transferor's Name			
	Surname	middle name	first name
Ledger Folio of Trans	sferee		
Transferee's Name			
	Surname	middle name	first name
Type of transfer	1 -	- Equity, 2- Preference Shares,3 -	Debentures, 4 - Stock
Number of Shares/ Do		Amount per Share/	Debentures, 4 - Stock
Type of transfer Number of Shares/ Do Units Transferred Ledger Folio of Trans	ebentures/		Debentures, 4 - Stock
Number of Shares/ Doubles Transferred	ebentures/	Amount per Share/	Debentures, 4 - Stock
Number of Shares/ Do Units Transferred Ledger Folio of Trans	ebentures/	Amount per Share/	Debentures, 4 - Stock
Number of Shares/ Doubles Transferred Ledger Folio of Trans Transferor's Name	ebentures/ feror Surname	Amount per Share/ Debenture/Unit (in Rs.)	
Number of Shares/ Do Units Transferred Ledger Folio of Trans	ebentures/ feror Surname	Amount per Share/ Debenture/Unit (in Rs.)	

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0

Particulars	Particulars		articulars		Number of	units	Nomi unit	nal value per	T	otal val	ue	
Total						1		0				
Details of debe	entures											
Class of debentur	res		ding as at inning of the	Increase du year	ring the	Decrease duri	ng the		ding as at of the year			
Non-convertible o			0	0		0			0			
Partly convertible	Partly convertible debentures		0	0		0		0				
Fully convertible debentures			0 0		0			0				
(v) Securities (ot	her than share	s and deb	entures)					0				
Type of Securities	Number of Securities		ominal Valu ach Unit	e of Tota	al Nomii ie		up Va Unit	alue of	Total Paid up \	/alu		
Total												
V. *Turnover	and net w	orth of	the com	pany (a	s def	fined in th	e Co	ompa	nies Act, 20	13		
(i) Turnover				10,791,	337,00	0						
(ii) Net worth of the Company				3 671 4			-	+				

VI. (a)	*SHARE	HOLDING	PATTERN.	- Promoters

S. No.	Category	Equi	ty	Preference		
		Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/Hindu Undivided Family					
	(i) Indian	385,112	84.35	0		
	(ii) Non-resident Indian (NRI)	0	0	0		
	(iii) Foreign national (other than NRI)	0	0	0		
2.	Government					
	(i) Central Government	0	0	0		
	(ii) State Government	0	0	0		
	(iii) Government companies	0	0	0		

3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	5,500	1.2	0	
10.	Others	0	0	0	
	Total	390,612	85.55	0	0

Total number of shareholders (promoters)

-W			_

(b) *SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equi	ty	Preference		
		Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/Hindu Undivided Family					
	(i) Indian	51,970	11.38	0		
	(ii) Non-resident Indian (NRI)	220	0.05	0		
	(iii) Foreign national (other than NRI)	0	0	0		
2.	Government					
	(i) Central Government	0	0	0		
	(ii) State Government	0	0	0		
	(iii) Government companies	0	0	0		
3.	Insurance companies	0	0	0		
4.	Banks	3,500	0.77	0		
5.	Financial institutions	0	0	0		
6.	Foreign institutional investors	0	0	0		
7.	Mutual funds	0	0	0		

8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	6,291	1.38	0	
10.	Others (IEPF)	3,947	0.86	0	
	Total	65,928	14.44	0	0

Total number of shareholders (other than promoters)

258

Total number of shareholders (Promoters+Public/ Other than promoters)

265	

VII. *NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS (Details, Promoters, Members (other than promoters), Debenture holders)

Details	At the beginning of the year	At the end of the year
Promoters	7	7
Members (other than promoters)	263	258
Debenture holders	0	0

VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(A) *Composition of Board of Directors

Category		Number of directors at the beginning of the year		Transcript of an ectors at the cha		f shares held by t the end of year
	Executive	Non-executive	Executive	Non-executive	Executive	Non-executive
A. Promoter	2	0	2	0	83.64	0
B. Non-Promoter	0	5	0	3	0	0
(i) Non-Independent	0	2	0	1	0	0
(ii) Independent	0	3	0	2	0	0
C. Nominee Directors representing	0	0	0	0	0	0
(i) Banks & FIs	0	0	0	0	0	0
(ii) Investing institutions	0	0	0	0	0	0
(iii) Government	0	0	0	0	0	0
(iv) Small share holders	0	0	0	0	0	0

(v) Others	0	0	0	0	0	0
Total	2	5	2	3	83.64	0

Number of Directors and Key managerial personnel (who is not director) as on the financial year end date

6

(B) (i) *Details of directors and Key managerial personnel as on the closure of financial year

Name	DIN/PAN	Designation	Number of equity share(s) held	Date of cessation (after closure of financial year : If any)
AJIT THOMAS	00018691	Whole-time directo	226,992	
DILIP THOMAS	00052185	Whole-time directo	157,020	
HUSSAIN HABIB MIRZ	00018665	Director	0	
FRANK SOLOMON MC	01633183	Director	0	
KAVITHA VIJAY	01047261	Director	0	
RAMASWAMY VENUC	AMKPV3189L	CFO	70	

(ii) i di cicaldis di citalige ili dilector(s) dila key managerial personnel during the v	rticulars of change in director(s) and Key managerial personnel during	the v	vea
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1-	

Name	DIN/PAN	Date of appointment/ change in designation/ cessation	Nature of change (Appointment/ Change in designation/ Cessation)

IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

A. MEMBERS/CLASS /REQUISITIONED/NCLT/COURT CONVENED MEETINGS

Number of meetings held 1

Type of meeting	Date of meeting	Total Number of Members entitled to	Attendance	
		attend meeting	Number of members % of total shareholding	% of total shareholding
Annual General Meeting	25/07/2023	270	10	83.8

B. BOARD MEETINGS

*Number	of meetings held	4	
Number	of frieddings field	4	

S. No.	Date of meeting	Total Number of directors associated as on the date of meeting		Attendance	
			Number of directors attended	% of attendance	

S. No.	Date of meeting	Total Number of directors associated as on the date		Attendance
		of meeting	Number of directors attended	% of attendance
1	12/06/2023	5	4	80
2	09/10/2023	5	5	100
3	11/12/2023	5	5	100
4	27/03/2024	5	5	100

C. COMMITTEE MEETINGS

Number of meetings held	8	

S. No.	Type of meeting	Date of meeting	on the date of	Attendance		
				Number of members attended	% of attendance	
1	BUY BACK CO	05/02/2024	3	3	100	
2	BUY BACK CO	27/03/2024	3	3	100	
3	SHARE TRAN	09/08/2023	3	3	100	
4	SHARE TRAN	16/03/2024	3	2	66.67	
5	NOMINATION	27/03/2024	3	3	100	
6	CORPORATE	27/03/2024	3	3	100	
7	INDEPENDEN	27/03/2024	2	2	100	
8	AUDIT COMM	12/06/2023	3	2	66.67	

D. *ATTENDANCE OF DIRECTORS

	of the director	Board Meetings			Committee Meetings			Whether attended AGM
		NA 12		% of attendance	Number of Meetings which director was entitled to	Number of Meetings attended	% of attendance	held on
				attend				(Y/N/NA)
1	AJIT THOMAS	4	4	100	4	4	100	
2	DILIP THOMA	4	4	100	0	0	0	
3	HUSSAIN HAI	4	4	100	3	3	100	
4	FRANK SOLC	4	4	100	8	8	100	

	KAVITHA VIJA	4	3 75	3	2	66.67	
K. *RE	MUNERATION OF I	DIRECTORS AN	ND KEY MANAGI	ERIAL PERSONI	NEL		
mber o	of Managing Director, V	Vhole-time Directo	ors and/or Manager	whose remuneration	on details to be e <mark>nt</mark> e	ered 2	
S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	AJIT THOMAS	WHOLE TIME	12,000,000				12,000,000
2	DILIP THOMAS	WHOLE TIME	10,800,000				10,800,000
	Total		22,800,000				22,800,000
mber o	of CEO, CFO and Comp	oany secretary wh	ose remuneration o	details to be entered	d	1	
S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	RAMASWAMY VEN	CFO	12,299,000				12,299,000
	Total		12,299,000				12,299,000
mber o	f other directors whose	remuneration de	tails to be entered			3	
S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	FRANK SOLOMON	DIRECTOR	0	0	0	250,000	250,000
2	HUSSAIN HABIB M	DIRECTOR	0	0	0	190,000	190,000
3	KAVITHA VIJAY	DIRECTOR	0	0	0	180,000	180,000
	Total		0	0	0	620,000	620,000

Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order	Name of the Act and section under which penalised / punished	Details of penalty/ punishment	Details of appeal (if any) including present status
(B) DETAILS OF CO	MPOUNDING OF O	FFENCES	Nil		
Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order	Name of the Act and section under which offence committed	Particulars of offence	Amount of compounding (in Rupees)
	lete list of sharehol	ders, debenture h	olders has been enclo	sed as an attachme	ent
			2, IN CASE OF LISTED		The Court of the C
more, details of com	pany secretary in wh	ole time practice ce	ertifying the annual return	n in Form MGT-8.	rnover of Fifty Crore rupees or
Name	v.su	IRESH			
Whether associate	e or fellow	Associa	ate (•) Fellow		
Certificate of practical	ctice number	6032			
I/We certify that: (a) The return states (b) Unless otherwise Act during the financ	expressly stated to t	ood on the date of the contrary elsewh	he closure of the financi ere in this Return, the C	al year aforesaid cor ompany has complie	rectly and adequately. Id with all the provisions of the
		Decl	aration		
	he Board of Directors				13/03/2006
in respect of the sub	gn this form and dec ject matter of this for	lare that all the requent and matters incident	uirements of the Compa dental thereto have beer	nies Act, 2013 and the compiled with. I furt	ne rules made thereunder her declare that:
 Whatever is the subject 	s stated in this form a matter of this form ha	and in the attachment	nts thereto is true, corre	ct and complete and	no information material to ords maintained by the company.
			and legibly attached to		
Note: Attention is a punishment for fra	also drawn to the pr ud, punishment for	ovisions of Section false statement ar	on 447, section 448 and and punishment for fals	d 449 of the Compa	nies Act, 2013 which provide for ively.

To be digitally signed by

Director				
DIN of the director	00018691			
To be digitally signed by				
Company Secretary				
Company secretary in practice				
Membership number 2969		Certificate of practice nu	umber	6032
Attachments				List of attachments
1. List of share holders, de			Attach	
Approval letter for extensions	sion of AGM;	A	Attach	
3. Copy of MGT-8;		A	ttach	
Optional Attachement(s)	, if any	A	ttach	
	œ			Remove attachment
Modify	Check	Form	Prescrutiny	Submit

This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company